



Adjusting TV Picture

TV picture doesn't look right? You're probably watching standard-definition programs on an HDTV. If the picture looks stretched, your TV is displaying 4:3 standard-def programming at a 16:9 ratio. If the picture doesn't fill the screen, it's showing 4:3 standard-def programming at its native resolution. HD programming is displayed at a 16:9 ratio, but standard-definition programming has a 4:3 aspect ratio.

There are a few ways an HDTV displays a standard-definition signal, and neither of them are ideal. It can reshape the image to 16:9 to fit the screen, which will fill the whole screen but usually look blotchy and stretched-out. Or it can display it at its native 4:3 resolution, which isn't distorted but doesn't fill the whole screen. Instead, the 4:3 picture will have large black spaces flanking it on either side of the screen.

Luckily, a lot of TVs can adjust the aspect ratio automatically based on the feed it's receiving. Again, all TVs are different, but look for the aspect ratio adjustments in your picture settings. If you still are seeing a much smaller picture with the black spaces on all sides, complete these steps:

- *To get into the user settings, press the Power button on your Coastal Link/Btel remote and immediately press Menu. This may take a couple times until a white screen appears. The following User Settings, in most cases, will give the best picture format:*

- **Tv Type:** **16:9**
- **HDMI/YPbPr Output:** **1080i**
- **4:3 Override:** **Stretch**
- **Stretched Graphics:** **Enabled**